

METAPHYSICAL BIBLE INTERPRETATION

Being All I Am Created To Be:

Gospels Interpretation

Part 5

BEING HAPPY

The Beattitudes, Matthew 5:3-10, are called such because of the Latin word "Beati" which begins each statement and can be interpreted alternatively as Blessed or Happy. These are the "Be Happy Attitudes." Jesus layed down 8 statements that define "Attitudes of Being" which can lead toward fulfillment and satisfaction in living. These parallel the 8-fold path of Buddhism and the 8-limbs of Yoga.

The Beattitudes form the framework around which the rest of the "Sermon on the Mount" (Mt 5, 6 & 7) is developed. Understanding these "Attitudes of Being" opens the door to understanding the "Sermon" which contains the essence of the message of Jesus of Nazareth and prepares us to enter into a "New Testament" level of awareness.

To be "poor in spirit" means to be without spiritual pride or prejudice. It is to be aware of the unity of all of God's creations and to live in a consciousness of oneness.

To be "mournful" is to release all negativity, that which is hindering our spiritual awareness, and gain clarity of consciousness.

To be "meek" is to be non-resistant to life, to be receptive to our good.

To "hunger and thirst for righteousness" is to be in a positive, growth consciousness, which affirms the true and good, and forsakes all negativity.

To be "merciful" is to be in a consciousness of Love: the fulfillment of the Law which is "as we give so shall we receive."

To be "pure in heart" is to live in a consciousness of Faith: the awareness of God alone as the One Power and Presence in our lives.

To be a "peacemaker" is to realize the Divine plan for our lives which is to live in health, harmony and abundance.

To be "persecuted for righteousness sake" is to enter into the process of Regeneration which cleanses our physical

bodies and lifts us to a consciousness of light and of light bodies.