

## BALANCING OUR SPIRITUAL FACULTIES

Some Metaphysicians teach that the Twelve Spiritual Faculties are divided into 6 masculine and 6 feminine powers that can work together in a balanced expression: Faith & Strength, Wisdom & Love, Power & Imagination, Understanding & Will, Order & Zeal, Elimination & Life. And, myself and others have experienced what can be called a masculine and feminine aspect to each of the 12. First inspired by Ed Rabel, long-time Unity Minister and Instructor at Unity School, I prefer to think of them as abilities: active, expressive, assertive aspects, and attitudes: passive, receptive, accepting aspects.

This framework is similar to that of the Ying and Yang concept of Taoism and the delicate balance of life and death in the dance of the Hindu god Shiva. Life is a balancing act. Anytime we become more awake and aware to how we are dancing the dance, the greater is our ability to choose the path of balance; we can choose the path of inner peace and light, the path of love, of Spirit, of good, of God.

POWER	ABILITY	ATTITUDE
FAITH:	AFFIRMATION, to say yes to Life, to say yes to God, say yes to the Divine.	TRUST, to relax in the knowledge that God is in charge.
STRENGTH:	STEADFASTNESS, a devotion to principle despite outer appearances.	SILENCE, to be strong and centered in our faith in God.
WISDOM:	JUDGMENT, to evaluate and make choices.	DISCERNMENT, to know without reason.
LOVE:	NURTURE, to express affection and good will.	EMPATHY, to be sensitive to spiritual needs.
POWER:	MOVEMENT, to express through effort.	SERENITY, to experience inner peace.
IMAGINATION:	VISION, to see possibilities.	INSPIRATION, to be filled with the spirit of light & love.
UNDERSTANDING:	EVALUATE, to perceive relationships.	INSIGHT, to see the higher meaning.
WILL:	DETERMINATION, to act decisively.	AIM, a willingness to seek God/good.
ORDER:	ORGANIZATION, to establish proper sequence.	PATIENCE, to perceive system and Divine Order is active in the Universe.
ZEAL:	ENTHUSIASM, to express life energy and joy.	DEVOTION, a dedication to spiritual principles.
ELIMINATION:	DENIAL, to say no, to release error and negativity, the little me.	SURRENDER, to be open to the Truth, the Big Me.
LIFE:	VITALITY, to align self with motivating energy, God.	ETERNALITY, to be open to the eternal now which transcends space & time.