

Healing, Health & Wholeness!

Gospel Style

Practical Application of the Principles demonstrated by Jesus.

This class will look at the incidents of healing recorded in the Gospels: Matthew, Mark, Luke and John. We will look at the details provided of who, what, when, where, why and how of these stories. And, we will explore the greater or metaphysical significance of the principles demonstrated that we can put into practice in our own lives.

Session 1:

Jesus' Formula For Healing!

Metaphysical Basis for Health:

"The Lord God formed man of dust from the ground, and breathed into his nostrils the breath of life, and man became a living being." Genesis 2:7. God's life is our life. Inherent in God's omnipotent expression of life through man is the divine idea of Health. "Health is the normal condition of man and of all creation." Charles Fillmore JCH/24. When we experience other than health we are not expressing a consciousness of our inherent divine idea of Health. "Spiritual healing is possible simply because man is essentially a spiritual being, and healing is simply the art of 'opening out a way whence the imprisoned splendor may escape.'" Eric Butterworth DPWY/163.

"This health law is threefold: spiritual --- mental --- physical" Myrtle Fillmore HL/83. Our mental understanding, or consciousness, of our spiritual nature determines our physical expression. Our consciousness of health and of our relationship with God determines our expression of health and of God life. "Health is not a condition of body, but a condition of consciousness." Joel Goldsmith CU/113. This threefold law of health can be manifested in consciousness through the three fold aspects of faith: belief, willingness, and thanksgiving.

Belief:

"Therefore I tell you, whatever you ask in prayer, believe that you have received it and it will be yours." Mark 11:24.

"I consider this the secret of my success in healing: the spiritual revelation that God is in actuality our Father, the source of our life and the substance of our bodies." Myrtle Fillmore HTLGHY/129.

"You must learn to believe in your own consciousness as being the consciousness of God appearing as your own consciousness." Goldsmith CU/30.

"Through faith you will see beyond the appearance and accept and claim your wholeness." Butterworth DPWY/173.

Belief focuses our faith. We have faith. And, we must truly believe, without a doubt, not only in God as our source ever ready to provide, but also in our relationship as the Son/Daughter/Child of God deserving of a perfect expression of God life.

Willingness:

"'Lord, if you will, you can make me clean.'... 'I will; be clean.'" Matthew 8:2,3.

"Your own willingness to come into spiritual consciousness and to develop and use the Christ power will determine your growth." Myrtle Fillmore HTLGHY/83.

"The work that is done with the letter of truth ---, is insignificant compared with what is accomplished when we have surrendered our will and action to the Christ." Goldsmith IW/134.

"The simple statement, 'I will be well,' gathers the forces of mind and body around the central ideal of wholeness." Butterworth DPWY/172.

Willingness empowers our faith. We must be willing to be a channel for and to express health. This includes the willingness to experience all that this entails giving up and taking on.

Thanksgiving:

"And Jesus lifted up his eyes and said, "Father, I thank thee that thou hast heard me." John 11:41.

"The resources of Spirit are beyond our highest flight of imagination. You can praise a weak body into strength a fearful heart into peace and trust, shattered nerves into poise and power." Charles Fillmore JCH/137.

"Heaven and earth listen and respond to the soul that is quickened into praise and thanksgiving." Myrtle Fillmore HTLGHY/164.

"When gratitude is correctly understood, it is an important part of this or of any spiritual teaching. --- when gratitude is expressed --- because of having received an illumination, ---, then it is true gratitude." Goldsmith CU/259.

Thanksgiving makes it real. Giving thanks in advance of the demonstration with the realization that what is done in consciousness naturally outworks into manifestation is a necessary step towards completion of the process. This attitude of gratitude allows us to release the outworking to the highest and best for all which is known only to the cosmic or divine consciousness that is God.

REFERENCES:

Charles Fillmore:	JCH – Jesus Christ Heals
Myrtle Fillmore:	HL – Healing Letters HTLGHY - <u>How to Let God Help You</u>
Joel Goldsmith:	CU – <u>Consciousness Unfolding</u> IW - <u>The Infinite Way</u>
Eric Butterworth:	DPWY - <u>Discover The Power Within You</u>